

# BOATHOUSE

## SPA



### Salads

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|-------------------------------------------------------------------------------------------------------------|---------|
| <b>Cobb Salad</b>   market lettuce, smoked bacon, avocado, blue cheese, boiled egg and balsamic vinaigrette | 17 {GF} |
| <b>Roast Beets &amp; Arugula</b>   goat cheese, walnut, grapefruit and orange dressing                      | 16 {GF} |
| <b>Caesar</b>   romaine hearts, Tree Island yogurt dressing hardwood smoked bacon and croutons              | 15      |
| <b>Saanich Green</b>   market lettuce, dried cranberries toasted almonds and balsamic vinaigrette           | 14 {GF} |

*add grilled garlic prawns, salmon or chicken breast 7*

### Snacks

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| <b>Full Monty</b>   hand cured meats and fish, artisan cheeses, bread, pickles and chutney | 22 |
| <b>Cheddar Gorge</b>   artisan Canadian cheeses, bread, pickles and chutney                | 22 |

### Sandwiches

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*served with side green salad*

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|-----------------------------------------------------------------------------------------------------------|----|
| <b>Salmon Burger</b>   arugula, onion, avocado and green goddess dressing                                 | 19 |
| <b>Angus Burger</b>   Monterey jack, spicy onions and sweet pickles<br><i>add hardwood smoked bacon 2</i> | 18 |
| <b>Chicken Club</b>   grilled chicken, bacon, lettuce, tomato and garlic mayo                             | 18 |
| <b>Grilled Cheese</b>   bacon-onion jam, smoked cheddar and Monterey jack                                 | 16 |
| <b>Black Bean Wrap &amp; Avocado Wrap</b>   sweet potato, tomato, arugula and red onion                   | 16 |

### Sweets

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|--------------------------------------------------------------------------------|---------|
| <b>Potted Chocolate Trifle</b>   chocolate brownie, Bailey's cream and caramel | 10 {GF} |
| <b>Okanagan Peach Tart</b>   maple walnut ice cream                            | 10      |
| <b>Apple Crumble Cheesecake</b>   salted caramel                               | 10 {GF} |



All seafood options on this menu are recommended by the Vancouver Aquarium as ocean-friendly.

{GF} Indicates gluten free item